

THE REAL GREEK

WESTFIELD LONDON

TAKEAWAY ALLERGEN & KCAL MENU

SOUVLAKI GRILL SALAD BOX

CHOOSE YOUR SOUVLAKI GRILL

CHICKEN SD MU **324kcal**
 LAMB SD **488kcal**
 LOUKANICO PORK SAUSAGE
 G (WHEAT) SO S MU C D SD **595kcal**
 PORK SD MU **601kcal**
 COURGETTE FRITTERS*
 G (WHEAT) S SD V VG **772Kcal**
 HALLOUMI D SD V **516kcal**
 GRILLED AUBERGINE C D SD V **270kcal**
 VEGAN GRILLED AUBERGINE
 C SD V VG **270kcal**

CHOOSE YOUR SALAD

GREEK SALAD D SD V **522kcal**
 RICE C V VG **333kcal**

ALL SERVED WITH YOUR CHOICE OF

CHIPS* SD V VG **813kcal**
 OR WARM GREEK FLATBREAD
 G (WHEAT) S V VG **533kcal**
 DON'T FORGET TO ADD UP THE KCAL OF YOUR BOX SELECTION FOR THE FINAL TOTAL KCAL

SIDES & SALADS

GREEK SALAD D SD V **422kcal / 702kcal**
 GREEN LEAF SALAD SD V VG **241kcal**
 HALLOUMI FRIES* D V **689kcal**
 CHIPS* SD V VG **813kcal / 1219kcal**
 RICE C V VG **333kcal**

DESSERTS

BAKLAVA
 D G (WHEAT) P (PEANUTS) N (WALNUTS ALMONDS PISTACHIOS) V **345kcal**
 GREEK ORANGE CAKE
 G (WHEAT) E D V **684kcal**
 BAKED CHEESECAKE
 G (WHEAT) D E V **411kcal**
 CHOCOLATE MOUSSE CAKE
 D G (WHEAT) E SO V **333kcal**

COLD MEZE

TZATZIKI D SD V **311kcal**
 HOUMOUS S SD V VG **508Kcal**
 GREEK OLIVES SD V VG **314Kcal**
 WHIPPED SPICY FETA DIP
 D SD V **639kcal**
 TARAMASALATA
 F (COD) G (WHEAT) SO S SD **761kcal**

HOT MEZE

HALLOUMI POPCORN* D V **577kcal**
 FRIED KALAMARI*
 G (WHEAT) M (KALAMARI) SD E **727kcal**
 DOLMADES MU SO C SD V VG **408kcal**
 SPINACH PIE* D G (WHEAT) L SO C SD V **792kcal**
 WARM GREEK FLATBREAD
 G (WHEAT) S V VG **533kcal**

SOUVLAKI WRAPS

CHICKEN WITH TZATZIKI*
 G (WHEAT) D S SD MU **620kcal**
 CHICKEN WITH MUSTARD*
 G (WHEAT) E MU S SD **751kcal**
 PORK GYROS*
 G (WHEAT) D C MU SO SD **838kcal**
 LOUKANICO PORK SAUSAGE*
 G (WHEAT) S MU E SD SO C D **747kcal**
 HALLOUMI*
 G (WHEAT) D S SD V **714kcal**
 COURGETTE FRITTERS*
 G (WHEAT) S SD V VG **888kcal**

ALLERGENS KEY

D DAIRY	F FISH
MU MUSTARD	M MOLLUSCS
N NUTS	SO SOY INC. SOYA
L LUPIN	SD SULPHUR DIOXIDE
S SESAME	G GLUTEN
E EGG	P PEANUTS
C CELERY	V VEGETARIAN
CR CRUSTACEANS	VG VEGAN

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens which are not listed as part of the recipe. If you require more information please ask a manager. Allergen information will be kept up to date and should be checked each time you visit as we may update recipes from time to time.

(* Chips Courgette Fritters Fried Kalamari Greek meal box served with chips Halloumi Fries Halloumi Popcorn Spinach Pie all Souvlaki Wraps – due to chips inside).

Note:

Tahini Dip S V VG
 Greek Mustard Sauce G (Wheat) MU E SD V