

# THE REAL GREEK

EAT TOGETHER

## ALLERGEN MENU

### HOT & COLD MEZE

**GREEK OLIVES** SD V VG

**GREEK FLATBREAD** G (Wheat) V VG

**ADD OLIVE OIL & DUKKAH**

G (Wheat) N (Hazelnuts) MU S V VG

**CRUDITÉS** C V VG

**HOUMOUS** C S SD V VG

**TZATZIKI** D V

**SPICY FETA DIP (HTIPITI)** D V

**MELITZANOSALATA** SD V VG

**TARAMASALATA** F (Cod) G (Wheat) M SO S

**BEETROOT, FETA & LENTIL SALAD** D C V

**BEETROOT & LENTIL SALAD** C V VG

**SANTORINI FAVA** SD V VG

**GIGANDES WITH SPINACH** C V VG

**DOLMADES** V VG

**SALT COD\*** F (Cod) G (Barley & Wheat) E MU SD

**TONIA'S PRAWNS** CR (Prawns) G (Wheat) C D SD

**SPINACH TIROPITAKIA\*** D G (Wheat) E V

**CHICKPEA FILO TRIANGLES\*** G (Wheat) C V VG

**HALLOUMI FRIES\*** D V

**FALAFEL\*** S SD C V VG

**GREEK MOUSSAKA\*** D G (Wheat) E SD

**BAKED FETA** D SD V

**JACKFRUIT STIFADO** C V VG

### GRILLED MEZE

**CHICKEN MONASTIRAKI** D

**CHICKEN SKEWER** D E MU SD

**BBQ CHICKEN WINGS** SO SD

**PORK BELLY** MU SD

**LOUKANIKO BEEF & PORK SAUSAGE SKEWER**

MU S G (Wheat) C D SO SD

**GRILLED KALAMARI WITH POURGOURI**

M (Kalamari) G (Wheat) SD C

**GRILLED OCTOPUS WITH SANTORINI FAVA**

M (Octopus) MU SD

**GRILLED AUBERGINE** C V VG

**HALLOUMI & VEGETABLE SKEWER** D SD V

**LAMB SKEWER** D E MU SD

**LAMB CUTLETS** D C

**LAMB MEATBALLS** D G (Wheat) E C MU S

**LAMB KEFTE** D G (Wheat) E MU SD S

**VEGAN MEATBALLS - SOUTZOUKAKIA**

G (Barley & Wheat) SO C MU V VG

### SIDES & SALADS

**GREEK SALAD** D SD V

**"NO FETA" GREEK SALAD** SD V VG

**AEGEAN SLAW** SD V VG

**NEW POTATOES** V VG

**CHIPS\*** V VG

**SAFFRON RICE** SD V

**POURGOURI-BULGUR WHEAT** G (Wheat) C V VG

### SOUVLAKI WRAPS

**LOUKANIKO SAUSAGE\*** MU S G (Wheat) C D SO SD

**PORK BELLY\*** D G (Wheat) MU SD

**CHICKEN\*** D G (Wheat)

**HALLOUMI\*** D G (Wheat) V

**LAMB MEATBALLS\***

D G (Wheat) E C MU S

**FALAFEL WITH TAHINI\***

G (Wheat) S SD V VG

**JACKFRUIT GYROS WITH VEGAN AIOLI\***

G (Wheat) SO MU SD V VG

**VEGAN MEATBALLS WITH VEGAN AIOLI\***

G (Barley & Wheat) SO C MU SD V VG

### ALLERGENS KEY

D **DAIRY**

MU **MUSTARD**

N **NUTS**

L **LUPIN**

S **SESAME**

G **GLUTEN**

E **EGG**

C **CELERY**

CR **CRUSTACEANS**

F **FISH**

M **MOLLUSCS**

SO **SOY INC. SOYA**

SD **SULPHUR DIOXIDE**

P **PEANUTS**

V **VEGETARIAN**

VG **VEGAN**

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(\*Salt Cod, Falafel, Spinach Tiropitakia, Chickpea Filo Triangles, Chips, Halloumi Fries, Greek Moussaka, Falafel with tahini Souvlaki Wrap, all Souvlaki Wraps – due to chips inside).

Note:

**Smoked Chilli Relish** SO SD V VG

**Lemon Mayonnaise** E MU SD V

**Minted Greek Yoghurt** D SD V

**Tahini Dip** S SD V VG

**Vegan Aioli** MU SO SD

**Honey Mustard Dressing** D MU SD

For drinks Allergens, please refer to the manufacturer's label.

# THE REAL GREEK

EAT TOGETHER

## ALLERGEN MENU

### DESSERTS

**GREEK FILO CUSTARD PIE\*** D G (Wheat) E V

**BAKLAVA** D G (Wheat) N (Walnuts) V

**CARAMEL & PECAN CHEESECAKE**

D G (Wheat) E N (Pecans)

**CHOCOLATE MOUSSE CAKE** D G (Wheat) E SO V

**GREEK YOGHURT WITH WALNUTS IN SYRUP**

D N (Walnuts) V

**LOUKOUMIA** D G N (Almonds)

**LUXURY SORBET**

**Lemon** V VG

**Mango** V VG

**LUXURY ICE CREAM**

**Vanilla** D V

**Chocolate** D V SO

**Strawberry** D V

**Pistachio** D N (Almonds, Hazelnuts & Pistachios) V

### GREEK SPECIALITIES

**GREEK COFFEE** D (Milk on request)

**WITH LOUKOUMI** D G N (Almonds)

**POT OF GREEK MOUNTAIN TEA**

### COFFEE

**CAFFÈ AMERICANO** D (Milk on request)

**SINGLE ESPRESSO**

**CAPPUCCINO** D

**LATTE** D

**DOUBLE ESPRESSO**

### TEA

**FRESH MINT TEA**

**ENGLISH BREAKFAST**

**EARL GREY**

**PEPPERMINT**

**GREEN TEA**

**CAMOMILE**

**SOYA MILK** SO V VG

### ALLERGENS KEY

D DAIRY

MU MUSTARD

N NUTS

L LUPIN

S SESAME

G GLUTEN

E EGG

C CELERY

CR CRUSTACEANS

F FISH

M MOLLUSCS

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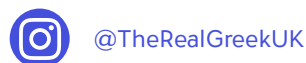
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(\*Greek Filo Custard Pie).

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# THE REAL GREEK

EAT TOGETHER

## LUNCH ALLERGEN MENU

### GREEK TRIO (TOP)

**GREEK FLATBREAD** G (Wheat) V VG

**CRUDITÉS** C V VG

—

**HOUMOUS** C S SD V VG

**TZATZIKI** D V

**TARAMASALATA** F (Cod) G (Wheat) SO S

**SPICY FETA DIP (HTIPITI)** D V

**MELITZANOSALATA** SD V VG

**SANTORINI FAVA** SD V VG

### GREEK TRIO (MIDDLE)

**LAMB KEFTE** D G (Wheat) E MU SD S

**SPINACH TIROPITAKIA\*** D G (Wheat) E V

**GRILLED AUBERGINE** C V VG

**CHICKEN SKEWER** D E MU SD

**FALAFEL\*** S SD C V VG

**BBQ CHICKEN WINGS** SO SD

**LOUKANIKO BEEF & PORK SAUSAGE SKEWER**

MU S G (Wheat) C D SO SD

**DOLMADES** V VG

**GIGANDES WITH SPINACH** C V VG

**CHICKPEAS (REVITHIA)** C V

### GREEK TRIO (BOTTOM)

**AEGEAN SLAW** SD V VG

**RICE** SD V

**CHIPS\*** V VG

**NEW POTATOES** V VG

**POURGOURI – BULGUR WHEAT**

G (Wheat) C V VG

### GREEK PLATE

**CHICKEN SKEWER** D

**LAMB MEATBALLS** D G (Wheat) E C MU S

**LOUKANIKO BEEF & PORK SAUSAGE SKEWER**

MU S G (Wheat) C D SO SD

**FALAFEL\*** S SD C V VG

**HALLOUMI & VEGETABLE SKEWER** D V

ALL SERVED WITH

**SAFFRON RICE** SD V **GREEK SALAD** D SD V

**TZATZIKI** D V **WARM FLATBREAD** G (Wheat) V VG

### SOUVLAKI WRAP & SIDE

**LOUKANIKO BEEF & PORK SAUSAGE\***

MU S G (Wheat) C D SO SD

**PORK BELLY\*** D G (Wheat) MU SD

**CHICKEN\*** D G (Wheat)

**LAMB MEATBALLS\*** D G (Wheat) E C MU S

**HALLOUMI\*** D G (Wheat) V

**FALAFEL WITH TAHINI\***

G (Wheat) S SD V VG

—

**GREEK SALAD** D SD V

**AEGEAN SLAW** SD V VG

**NEW POTATOES** V VG

**CHIPS\*** V VG

**SAFFRON RICE** SD V

**POURGOURI-BULGUR WHEAT** G (Wheat) C V VG

### ALLERGENS KEY

D DAIRY

MU MUSTARD

N NUTS

L LUPIN

S SESAME

G GLUTEN

E EGG

C CELERY

CR CRUSTACEANS

F FISH

M MOLLUSCS

SO SOY INC. SOYA

SD SULPHUR DIOXIDE

P PEANUTS

V VEGETARIAN

VG VEGAN

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(\*Falafel, Spinach Tiropitakia, Chips, Falafel with Tahini Souvlaki Wrap, all Souvlaki Wraps - due to chips inside).

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# THE REAL GREEK

EAT TOGETHER

## VEGAN LUNCH ALLERGEN MENU

### VEGAN PLATE

**GREEK FLATBREAD** G (Wheat) V VG

**CRUDITÉS** C V VG

**HOUMOUS** C S SD V VG

**SANTORINI FAVA** SD V VG

**JACKFRUIT STIFADO** C V VG

**GIGANDES WITH SPINACH** C V VG

**POURGOURI – BULGUR WHEAT**

G (Wheat) C V VG

**MELITZANOSALATA** SD V VG

### VEGAN SOUVLAKI WRAP & SIDE

**JACKFRUIT GYROS WITH VEGAN AIOLI\***

G (Wheat) SO MU SD V VG

**FALAFEL WITH TAHINI\***

G (Wheat) S SD V VG

**VEGAN MEATBALLS WITH VEGAN AIOLI\***

G (Barley & Wheat) SO C MU SD V VG

—

**NO FETA GREEK SALAD** SD V VG

**AEGEAN SLAW** SD V VG

**NEW POTATOES** V VG

**CHIPS\*** V VG

**POURGOURI - BULGUR WHEAT**

G (Wheat) C V VG

### ALLERGENS KEY

**D DAIRY**

**MU MUSTARD**

**N NUTS**

**L LUPIN**

**S SESAME**

**G GLUTEN**

**E EGG**

**C CELERY**

**CR CRUSTACEANS**

**F FISH**

**M MOLLUSCS**

**SO SOY INC. SOYA**

**SD SULPHUR DIOXIDE**

**P PEANUTS**

**V VEGETARIAN**

**VG VEGAN**

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(\*Falafel with tahini Souvlaki Wrap, all Souvlaki Wraps – due to chips inside, Chips).

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## VEGAN ALLERGEN MENU

### COLD MEZE

**GREEK FLATBREAD** G (Wheat) V VG

**ADD OLIVE OIL & DUKKAH**

G (Wheat) N (Hazelnuts) MU S V VG

**GREEK OLIVES** SD V VG

**CRUDITÉS** C V VG

**HOUMOUS** C S SD V VG

**MELITZANOSALATA** SD V VG

**SANTORINI FAVA** SD V VG

**BEETROOT & LENTIL SALAD** C V VG

### SIDES & SALADS

**"NO FETA" GREEK SALAD** SD V VG

**NEW POTATOES** V VG

**CHIPS\*** V VG

**AEGEAN SLAW** SD V VG

**POURGOURI - BULGUR WHEAT**

G (Wheat) C V VG

### SOUVLAKI WRAPS

**JACKFRUIT GYROS WITH VEGAN AIOLI\***

G (Wheat) SO MU SD V VG

**FALAFEL WITH TAHINI\***

G (Wheat) S SD V VG

**VEGAN MEATBALLS WITH VEGAN AIOLI\***

G (Barley & Wheat) SO C MU SD V VG

### DESSERTS

**VEGAN VANILLA ICE CREAM** SO V VG

**LUXURY SORBET**

**Lemon** V VG

**Mango** V VG

**SOYA MILK** SO V VG

### HOT MEZE

**CHICKPEA FILO TRIANGLES\*** G (Wheat) C V VG

**FALAFEL\*** S SD C V VG

**GRILLED AUBERGINE** C V VG

**JACKFRUIT STIFADO** C V VG

**GIGANDES WITH SPINACH** C V VG

**DOLMADES** V VG

**VEGAN MEATBALLS - SOUTZOUKAKIA**

G (Barley & Wheat) SO C MU V VG

### ALLERGENS KEY

**D DAIRY**

**MU MUSTARD**

**N NUTS**

**L LUPIN**

**S SESAME**

**G GLUTEN**

**E EGG**

**C CELERY**

**CR CRUSTACEANS**

**F FISH**

**M MOLLUSCS**

**SO SOY INC. SOYA**

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**P PEANUTS**

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# THE REAL GREEK

EAT TOGETHER

## KIDS ALLERGEN MENU

### MAIN COURSES

**KIDS SOUVLAKI WRAP** CHOOSE FROM

**CHICKEN** G (Wheat) D

OR **HALLOUMI** G (Wheat) D V

OR **LOUKANIKO BEEF & PORK SAUSAGE**  
G (Wheat) MU S C D SO SD

ALL WRAPPED IN GREEK FLATBREAD WITH TZATZIKI  
& TOMATOES. SERVED WITH

**TOMATO AND CUCUMBER SALAD** V VG

OR **CHIPS\*** V VG

### OR

**KIDS'S MEZE SELECTION** CHOOSE FROM

**LOUKANIKO BEEF & PORK SAUSAGE**  
MU S G (Wheat) C D SO SD

OR **FLATBREAD** G (Wheat) V VG

OR **TZATZIKI** D V

OR **CHIPS\*** V VG

OR **CRUDITÉS** C V VG

OR **CHICKEN** D

OR **HALLOUMI** D V

OR **HOUMOUS** S SD C V VG

### DESSERTS

**LUXURY ICE CREAM** CHOOSE FROM

**VANILLA** D V

OR **CHOCOLATE** D V SO

OR **STRAWBERRY** D V

OR **PISTACHIO** D N (Almonds, Hazelnuts & Pistachios) V

### OR

**LUXURY SORBET**

**LEMON** V VG

OR **MANGO** V VG

### ALLERGENS KEY

**D DAIRY**

**MU MUSTARD**

**N NUTS**

**L LUPIN**

**S SESAME**

**G GLUTEN**

**E EGG**

**C CELERY**

**CR CRUSTACEANS**

**F FISH**

**M MOLLUSCS**

**SO SOY INC. SOYA**

**SD SULPHUR DIOXIDE**

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(\*Chips).

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