

# THE REAL GREEK

## APÉRITIF

GLASS OF PROSECCO (125ml).....	7.25
PROSECCO BELLINI (125ml).....	7.25
NEGRONI .....	7.50
APEROL SPRITZ .....	7.50

## TO START

GREEK FLATBREAD 🌱.....	3.60
533kcal <b>V VG GF</b>	
Add olive oil & Dukkah, a spicy mix of ground, dry roasted nuts and seeds. 621kcal <b>V VG 🌱</b> .....	3.85

GREEK OLIVES 🌱 .....	3.40
314kcal <b>V VG GF</b>	
CRUDITÉS 🌱 .....	3.60
Fresh-cut carrot, celery and cucumber, drizzled with white wine vinegar. 58kcal <b>V VG GF</b>	
THE REAL GREEK HALLOUMI POPCORN .....	6.60
Dressed with lemon & thyme infused honey. 577kcal <b>V</b>	

WE RECOMMEND 3 OR 4 MEZE PER PERSON. COLD MEZE ARE SERVED FIRST, HOT FOLLOWS WHEN READY. PERFECT FOR SHARING

## COLD MEZE

TARAMASALATA .....	5.35
Our daily creamy blend with naturally undyed cod roe. It's not meant to be pink! 761kcal	
CHICKPEAS (REVITHIA).....	4.95
Chickpeas with handfuls of herbs, roasted red peppers and an orange vinaigrette. 417kcal <b>V GF NEW</b>	
TZATZIKI .....	5.50
Cool, tangy Greek yoghurt with cucumber, gherkin and garlic. 286kcal <b>V GF</b>	
SANTORINI FAVA 🌱 .....	5.50
Yellow lentils from Santorini, cooked and blended with herbs and spices, topped with a salsa of tomatoes, onions, capers and caper powder. 434kcal <b>V VG GF</b>	
GREEN PEA FAVA 🌱 .....	5.50
Mashed green peas with olive oil and lemon, topped with spring onions and tomato. 361kcal <b>V VG GF</b>	

HOUMOUS 🌱 .....	5.75
Our daily blend of chickpeas, rich in tahini and spiced with cumin, topped with paprika and roasted red peppers. 457kcal <b>V VG GF</b>	
SPICY FETA DIP (HTIPITI) .....	5.75
Roasted pepper and cheese dip, finished with a touch of chilli. 571kcal <b>V GF</b>	
MELITZANOSALATA 🌱 .....	5.75
A light and fragrant blend of smoked aubergine, garlic, red onion, roasted red peppers and lemon. 391kcal <b>V VG GF</b>	
BEETROOT, FETA & LENTIL SALAD .....	5.75
Green lentils, beetroot and feta in our tangy orange vinaigrette. 962kcal <b>V GF</b>	
FETA CHEESE.....	5.35
Our delicious feta, drizzled with olive oil & sprinkled with Greek oregano from Mavrouda, Thessaloniki. 500kcal <b>V GF ITS BACK!</b>	

## HOT MEZE

### VEG & DAIRY

GIGANDES WITH SPINACH 🌱 .....	5.75
Hearty giant beans and spinach, cooked in a tomato and garlic sauce. 540kcal <b>V VG GF</b>	
SPINACH TIROPITAKIA .....	6.75
Three filo pastry parcels with creamy leek, spinach and feta filling, handmade daily. 792kcal <b>V</b>	
VEGAN MEATBALLS – SOUTZOUKAKIA 🌱 .....	7.65
Vegan meatballs, served in a tomato and cumin Soutzoukakia sauce. 332kcal <b>V VG</b>	
GRILLED AUBERGINE 🌱 .....	6.45
Chargrilled aubergine served with garlic and tomato sauce. 97kcal <b>V VG GF</b>	
HALLOUMI & VEGETABLE SKEWER.....	7.55
Halloumi, skewered with peppers and courgettes. Served on a bed of Greek Slaw. 242kcal <b>V GF</b>	
FALAFEL 🌱 .....	6.50
Our signature recipe, served with a tahini dip. 512kcal <b>V VG</b>	
JACKFRUIT STIFADO 🌱 .....	6.85
Jackfruit, slow-cooked with button mushrooms, shallots and aniseed. 182kcal <b>V VG GF</b>	
DOLMADES .....	6.45
Vine leaves stuffed with rice, tomato and fresh herbs. Served with Greek yoghurt. 426kcal <b>V GF</b>	
THE REAL GREEK HALLOUMI FRIES.....	6.95
Dressed with lemon & thyme infused honey. 689kcal <b>V</b>	
CHICKPEA FILO TRIANGLES 🌱 .....	6.55
Two filo pastry parcels with chickpeas, cumin, turmeric, and a touch of sundried tomato and chilli. 593kcal <b>V VG</b>	

## SIDES & SALADS

GREEK SALAD .....	5.25
With cherry tomatoes, cucumber, peppers, Greek olives, red onion, feta and olive oil, finished with Greek oregano from Mavrouda, Thessaloniki. 269kcal <b>V GF</b>	
Make it vegan without feta 🌱 .....	4.75
200kcal <b>V VG GF</b>	
NEW POTATOES 🌱 .....	3.95
Tossed in olive oil and oregano. 325Kcal <b>V VG GF</b>	
CHIPS 🌱 .....	3.95
Fluffy, light and fried to perfection. 813kcal <b>V VG</b>	
POURGOURI – BULGUR WHEAT 🌱 .....	4.50
A classic Cypriot dish. Tonia's mother's recipe of cracked wheat with tomatoes and onion. 190kcal <b>V VG</b>	

SAFFRON RICE .....	4.25
Long-grain rice, mixed with garlic and tomato sauce, dressed with olive oil and fragrant Kozanis saffron. 284kcal <b>V GF</b>	
AEGEAN SLAW 🌱 .....	4.25
Thinly shredded cabbage, carrot, red and green peppers, with an olive oil dressing. 240kcal <b>V VG GF</b>	
GREEK SLAW.....	4.25
Thinly shredded cabbage, carrot, red and green peppers, with a Greek yoghurt and mayonnaise dressing. 283kcal <b>V GF NEW</b>	
POTATO SALAD 🌱 .....	3.95
New potatoes tossed in herbs, on a bed of sweet red pepper coulis. 117kcal <b>V VG GF NEW</b>	

## SOUVLAKI WRAPS

7.50 each

Our gorgeous flatbread filled with chips, fresh tomatoes, red onion and sweet paprika. Please tell your server if you don't want chips inside!  
\*Kalamari option doesn't include chips, tomato, onion or paprika.

LOUKANIKO SAUSAGE with Greek Slaw. 741kcal
KALAMARI with Taramasalata and cucumber ribbons. 428kcal <b>NEW</b>
PORK BELLY with Tzatziki. 557kcal
PORK SKEWER with Tzatziki. 585kcal
CHICKEN choose between Greek mustard sauce 751kcal or Tzatziki. 620kcal

LAMB MEATBALLS with minted yoghurt. 559kcal
HALLOUMI with minted yoghurt. 714kcal <b>V</b>
FALAFEL 🌱 with tahini. 684kcal <b>V VG</b>
JACKFRUIT GYROS 🌱 with vegan aioli. 729kcal <b>V VG</b>
VEGAN MEATBALLS 🌱 with vegan aioli. 673kcal <b>V VG</b>

## FILOXENIA DINNER MENU

### FOUR DISHES FOR 16.00pp

AVAILABLE SUNDAY – THURSDAY FROM 5.00PM

1. CHOOSE A DISH  
Greek Flatbread **V VG or** Crudités **V VG GF**
2. CHOOSE ONE OF THESE COLD MEZE  
Santorini Fava **V VG GF or** Green Pea Fava **V VG GF or** Houmous **V VG GF or** Tzatziki **V GF or** Spicy Feta Dip (Htipiti) **V GF or** Melitzanosalata **V VG GF or** Taramasalata
3. CHOOSE ONE OF THESE HOT MEZE  
Chicken Skewer **GF or** BBQ Chicken Wings **GF or** Chicken Monastiraki **GF or** Loukaniko Beef & Pork Sausage Skewer **or** Pork Skewer **GF or** Lamb Meatballs **or** Fried Kalamari **or** Salt Cod **or** Halloumi & Vegetable Skewer **V GF or** Spinach Tiropitakia **V or** Chickpea Filo Triangles **V VG or** Gigandes with Spinach **V VG GF or** Falafel **V VG or** Dolmades **V GF or** Grilled Aubergine **V VG GF or** Jackfruit Stifado **V VG GF or** Vegan Meatballs – Soutzoukakia **V VG**
4. CHOOSE ONE OF THESE SIDES & SALADS  
Saffron Rice **V GF or** Aegean Slaw **V VG GF or** New Potatoes **V VG GF or** Chips **V VG or** Pourgouri – Bulgur Wheat **V VG**

\*For your total meal calories, don't forget to add up the Kcal from the options you select.

*This menu cannot be discounted.*

## SET MENUS

### FOR TWO OR MORE

AVAILABLE ALL DAY, EVERYDAY

- TONIA'S SELECTION**  
**39.50 FOR TWO TO SHARE**  
CHOOSE 8 DISHES
1. Crudités **V VG GF or** Greek Flatbread **V VG**
  2. Houmous **V VG GF or** Spicy Feta Dip (Htipiti) **V GF**
  3. Santorini Fava **V VG GF or** Melitzanosalata **V VG GF**
  4. Tonia's Prawns **or** Halloumi & Vegetable Skewer **V GF**
  5. Spinach Tiropitakia **V or** Grilled Aubergine **V VG GF**
  6. BBQ Chicken Wings **GF or** Gigandes with Spinach **V VG GF**
  7. Lamb Meatballs **or** Falafel **V VG**
  8. Saffron Rice **V GF or** Chips **V VG**

- SANTORINI**  
**43.50 FOR TWO TO SHARE**  
CHOOSE 8 DISHES
1. Crudités **V VG GF or** Greek Flatbread **V VG**
  2. Tzatziki **V GF or** Houmous **V VG GF**
  3. Santorini Fava **V VG GF or** Spicy Feta Dip (Htipiti) **V GF**
  4. Dolmades **V GF or** Chickpea Filo Triangles **V VG**
  5. Tonia's Prawns **or** Falafel **V VG**
  6. Chicken Skewer **GF or** Pork Skewer **GF or** Halloumi Skewer **V GF**
  7. Lamb Meatballs **or** Jackfruit Stifado **V VG GF**
  8. New Potatoes **V VG GF or** Pourgouri – Bulgur Wheat **V VG**

\*For your total meal calories, don't forget to add up the Kcal from the options you select.

TONIA'S PRAWNS .....	8.40
Tonia's recipe of tiger prawns in a rich tomato sauce, with Pourgouri (bulgur wheat with tomatoes and onion), spinach, pickled peppers and feta. 290kcal	

GRILLED OCTOPUS WITH FAVA .....	8.75
Chargrilled Octopus, tossed in olive oil, garlic and Greek mountain oregano, served on a bed of Santorini Fava (yellow lentils from Santorini). 202kcal <b>GF ITS BACK!</b>	

### MEAT

GREEK MOUSSAKA .....	8.45
A classic Greek dish – hearty and rich, with lamb mince. Served as a meze portion. Subject to availability. 420kcal	
LAMB MEATBALLS .....	7.85
Handmade lamb patties grilled and topped with Greek yoghurt, tomato sauce and onions. 435kcal	
LAMB KEFTE .....	7.65
Lamb, minced and marinated with Anatolian spices. Served with Aegean Slaw and minted Greek yoghurt. 445kcal	
LAMB SKEWER .....	7.95
Lamb, skewered with onions and peppers. Served on a bed of Greek Slaw. 705kcal <b>GF</b>	
PORK MONASTIRAKI.....	7.75
Pork, marinated with Greek herbs, served with tzatziki and onions. 780kcal <b>GF NEW</b>	
PORK BELLY.....	8.25
Slow-roasted pork belly, with oregano, paprika and red onion. 503kcal <b>GF</b>	
PORK SKEWER 🌱.....	7.75
Pork, skewered with onions and peppers. Served on a bed of Greek Slaw. 722kcal <b>GF</b> 25p of each sale of this dish will be donated to Pancreatic Cancer UK	
LOUKANIKO BEEF & PORK SAUSAGE SKEWER.....	7.55
Traditional Greek sausage from Thrace, chargrilled and served on a bed of Greek Slaw. 612kcal	

🌱 = VEGAN

AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

Adults need around 2000 kcal a day

WHITE WINE

ELLINAS WHITE..... 5.25 | 13.75 | 19.50  
Specially bottled in Thessaloniki for us. Dry, delicate and floral, with fragrant fruit on the palate. **Greece**

ATHIRI ..... 7.00 | 20.00 | 28.50  
This variety is grown in vineyards in the region of Halkidiki and produces a fresh, fruity, medium bodied wine. **Greece**

KANENAS WHITE ..... 6.75 | 19.00 | 27.50  
Soft and appealing, made from the grapes of the Maronia Vineyards in North-Eastern Greece. **Greece**

MOSCHOFILERO ..... 7.00 | 20.00 | 28.50  
This Moschofilero (*Mos-coh-FEE-ler-oh*) variety is grown in the region of Mantinia, in the Peloponnese. It has an intense flowery character, with rose petal aromas and citrus. **Greece**

ABATON AGIORITIKO WHITE .....Bottle 32.50  
Abaton (*Avato*). Produced at the St. Panteleimon Monastery on Mount Athos, this is a combination of Athiri and Assyrtiko. The vineyards of Mount Athos are cultivated by the Monks. **Greece** †

MEGA SPILEO MALAGOUSIA WHITE ..... Bottle 30.50  
The Malagousia (*Mala-goo-zia*) variety has a complex and aromatic profile, with ripe peaches and apricots. This variety produces wine with a moderate acidity and full palate. **Greece**

ASSYRTIKO ORGANIC ATHANASIOU..... Bottle 34.50  
The most well-known Greek grape variety is Assyrtiko (*Ah-SEER-tee-koh*) by far, grown across Greece. An organic wine with distinctive citrus fruit aromas and a crisp finish. **Greece**

CAVINO – IONOS WHITE ..... 5.75 | 16.25 | 23.50  
Ionos (*E-onos*). Easy drinking and dry, from vineyards at altitude on the coastal slopes of North Peloponnese. **Greece**

RETSINA ..... 5.35 | 14.00 | 20.50  
A traditional Greek classic with intense aromas of grapes and pine. **Greece**

SAUVIGNON BLANC ..... 6.50 | 18.25 | 26.50  
This Italian Sauvignon features fresh aromas of figs, apricot and orange flowers. A crisp and refreshing wine with a gentle sweetness which invites another glass. **Italy**

PINOT GRIGIO ..... 6.50 | 18.25 | 26.50  
This Pinot Grigio showcases soft aromatic flavours of white peach and pear and notes of perfumed rose. **Italy**

RED WINE

ELLINAS RED..... 5.25 | 13.75 | 19.50  
Specially bottled in Thessaloniki for us. This deep red wine features inviting ripe berry fruit aromas. **Greece**

KANENAS RED ..... 6.75 | 19.00 | 27.50  
A very popular wine in Greece, known for its complex palate, red fruit and a velvety smoked taste. **Greece**

AGIORGITIKO RED ..... 7.00 | 20.00 | 28.50  
The Agiorgitiko (*Ah-yor-YEE-te-ko*) variety is the most famous red grape variety in Greece. This Namea wine is produced in the Peloponnese, with elegant notes of sweet spices and a fruity aftertaste. **Greece**

MERLOT ..... 6.50 | 18.25 | 26.50  
An Italian Merlot with aromas of cherry and wild plum flavours. **Italy**

XINOMAVRO RED ..... 7.00 | 20.00 | 28.50  
This Xinomavro (*Ksee-NOH-mavro*) variety is produced in **Naoussa**, Northern Greece. It's a medium-bodied and dry on the palate red wine, with fruity and spicy flavours. **Greece**

ABATON AGIORITIKO RED .....Bottle 37.50  
Abaton (*Avato*). Produced at the St. Panteleimon Monastery on Mount Athos. The Monks of the Monastery created this unique red wine using Xinomavro (*Ksee-NOH-mavro*), Grenache and Limnio grapes. **Greece** †

CAVINO – IONOS RED..... 5.75 | 16.25 | 23.50  
Ionos (*E-onos*). From the slopes of North Peloponnese. This fresh, dry easy drinking red has aromas of morello cherries that are balanced with spicy notes of black pepper. **Greece**

NERO D'AVOLA ..... 6.35 | 18.00 | 25.50  
This fresh, ruby-coloured red shows an elegant structure on the palate. On the nose it's fruity with aromas of cherry. **Italy**

METOCHI MYLOPOTAMOS RED .....Bottle 35.50  
Metochi (*M-e-to-hee*). An organic red wine that combines the traditional winemaking of Mount Athos with modern techniques. A bright crimson colour with soft and gentle aromas of berries. Rich, mature with a lingering finish. **Greece** †

ROSÉ WINE

MAKEDONIKOS ROSÉ..... 5.75 | 16.25 | 23.50  
Makedonikos (*Mak-e-thonikos*). A vibrant rosé, with ripe strawberries on the nose and raspberry jam-like flavours. **Greece**

EMMETROS LOGOS XINOMAVRO ROSÉ..... Bottle 30.50  
A light, dry rosé wine, made from Xinomavro (*Ksee-NOH-mavro*) and Syrah varieties and flavours of strawberry and pomegranate. **Greece**

ROSATO ..... 6.50 | 18.25 | 26.50  
This rosé is crystal clear with a very fine and pleasurable nose. Red fruit and spices are the scents come at first, followed by herbal notes. **Italy**

DESSERT WINE

MAVRODAPHNE..... 125ml 4.50 | Bottle 21.50  
Mavrodaphne (*Mah'v-ro-dahf-nee*). A great wine with a velvety sweetness that reveals its rich aromatic character. **Greece**

BUBBLES

PROSECCO ..... 125ml 7.25 | Bottle 31.00

PERRIER JOUET GRAND BRUT ..... Bottle 55.00

GREEK SPIRITS

KANENAS TSIPOURO.....25ml 4.35 | 200ml Bottle 20.00  
Tsipouro (*Tsee-pour-oh*) - the Greek version of grappa, the young brother of Ouzo, is a new member of our Greek spirits section. This Tsipouro is produced from the Malagousia (*Mala-goo-zia*) grapes in Northern Greece. You can drink it over-ice or straight. The perfect after-meal digestive!

OUZO TSANTALI.....50ml Bottle 4.40  
A traditional aperitif with anise as a basic ingredient. It can be served with ice or water.

METAXA.....25ml 4.50

OTHER SPIRITS

VODKA, GIN, WHISKEY OR JACK DANIEL'S.....25ml 4.75  
More available, please ask. Prices exclude mixer.

BEER & CIDER

DRAFT ALPHA  
OMEGA LAGER ..... HALF PINT 3.00 | PINT 5.65

DRAFT ALPHA  
OMEGA PALE ALE..... HALF PINT 3.00 | PINT 5.65

MYTHOS BEER .....330ml 4.65

FIX HELLAS BEER .....330ml 4.65

NO ALCOHOL BEER 69kcal .....330ml 3.90

CIDER ..... 330ml 4.40

MINERAL WATER

STILL ..... 330ml 2.75 | 750ml 4.00

SPARKLING .....330ml 2.75 | 750ml 4.00

FRESH JUICES

ORANGE 126kcal, APPLE 135kcal,

CRANBERRY 102kcal OR LEMON 84kcal ..... 3.50

SOFT DRINKS

COCA-COLA 139kcal.....330ml 3.35

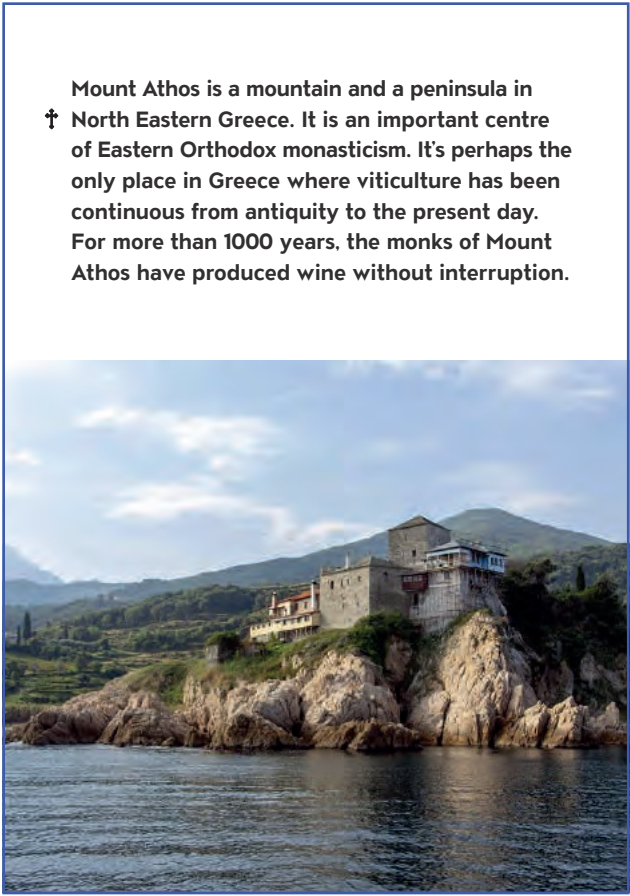
FANTA 63kcal.....330ml 3.35

DIET COKE 1kcal.....330ml 3.25

COCA-COLA ZERO SUGAR 1kcal .....330ml 3.25

SPRITE ZERO SUGAR 3kcal.....330ml 3.25

GINGER BEER 66kcal .....330ml 3.25



**FULL ALLERGEN MENU  
AVAILABLE ON REQUEST**

V items are suitable for vegetarians.  
VG items are suitable for vegans.  
GF items are suitable for coeliacs.

Although dishes identified are gluten free, as we have products in the restaurant that contain gluten, there is a possibility that traces of gluten may still be found in them. The same situation can occur with our vegetarian and vegan dishes, which can come in contact with other products. Menu descriptions may not include all ingredients; more detailed allergen information is available upon request. All our dishes may contain traces of nuts. An optional 10% service charge will be added to your bill.

GOT AN ALLERGY?



# THE REAL GREEK

# LUNCH MENU

**CHOOSE BETWEEN**

GREEK TRIO

VEGAN PLATE

SOUVLAKI WRAP & SIDE

OR GREEK PLATE

PLUS GREEK FISH & CHIPS FRIDAYS!

**FOR 8.95**

**AVAILABLE**

MONDAY – FRIDAY

12.00PM – 5.00PM



LUNCH8.95MENU

CHOOSE BETWEEN

GREEK TRIO

TOP

- GREEK FLATBREAD 202kcal V VG OR
- CRUDITÉS 18kcal V VG GF
- With two ramekins of:
- HOUMOUS 100kcal V VG GF OR
- TZATZIKI 71kcal V GF OR
- GREEN PEA FAVA 76kcal V VG GF OR
- TARAMASALATA 186kcal OR
- SPICY FETA DIP (HTIPITI) 126kcal V GF OR
- MELITZANOSALATA 85kcal V VG GF OR
- SANTORINI FAVA 99kcal V VG GF
- (Choose two dips)

MIDDLE

Choose one:

- LAMB KEFTE 445kcal OR
- SPINACH TIROPITAKIA 792kcal V OR
- GRILLED AUBERGINE 97kcal V VG GF OR
- CHICKEN SKEWER 259kcal GF OR
- FALAFEL 512kcal V VG OR
- BBQ CHICKEN WINGS 458kcal GF OR
- LOUKANIKO BEEF & PORK SAUSAGE SKEWER 612kcal OR
- PORK SKEWER 722kcal GF OR
- DOLMADES 426kcal V GF OR
- GIGANDES WITH SPINACH 540kcal V VG GF

BOTTOM

Choose one:

- RICE 284kcal V GF OR
- CHIPS 813kcal V VG OR
- NEW POTATOES 325kcal V VG GF OR
- POURGOURI-BULGUR WHEAT 190kcal V VG OR
- CHICKPEAS (REVITHIA) 417kcal V GF

SOUVLAKI WRAP & SIDE

CHOOSE ONE WRAP

Served with chips inside

- LOUKANIKO BEEF & PORK SAUSAGE with Greek Slaw. 741kcal OR
- PORK BELLY with Tzatziki. 557kcal OR
- CHICKEN with Greek mustard sauce. 751kcal OR
- Tzatziki. 620kcal OR
- LAMB MEATBALLS with minted yoghurt. 559kcal OR
- PORK SKEWER with Tzatziki. 585kcal OR
- HALLOUMI with minted yoghurt. 714kcal V OR
- FALAFEL with tahini. 684kcal V VG OR
- KALAMARI with Taramasalata & cucumber ribbons (no chips inside). 428kcal

CHOOSE ONE SIDE

- GREEK SALAD 269kcal V GF OR
- CHIPS 813kcal V VG OR
- SAFFRON RICE 284kcal V GF OR
- NEW POTATOES 325kcal V VG GF OR
- AEGEAN SLAW 240kcal V VG GF OR
- GREEK SLAW 283kcal V GF OR
- POURGOURI-BULGUR WHEAT 190kcal V VG OR
- POTATO SALAD 117kcal V VG GF

GREEK PLATE

CHOOSE BETWEEN

- CHICKEN SKEWER 220kcal GF OR
- LAMB MEATBALLS 435kcal OR
- LOUKANIKO BEEF & PORK SAUSAGE SKEWER 573kcal OR
- PORK SKEWER 683kcal GF OR
- FALAFEL 163kcal V VG OR
- HALLOUMI & VEGETABLE SKEWER 203kcal V GF
- All served with:
- WARM FLATBREAD 81kcal V VG
- SAFFRON RICE 144kcal V GF
- TZATZIKI 71kcal V GF
- GREEK SALAD 61kcal V GF

VEGAN8.95LUNCH MENU

CHOOSE BETWEEN

VEGAN PLATE

A selection of our best vegan dishes, including:

- GREEK FLATBREAD 81kcal V VG
- CRUDITÉS 58kcal V VG GF
- HOUMOUS 131kcal V VG GF
- MELITZANOSALATA 112kcal V VG GF
- SANTORINI FAVA 124kcal V VG GF
- JACKFRUIT STIFADO 58kcal V VG GF
- GIGANDES WITH SPINACH 205kcal V VG GF
- POURGOURI-BULGUR WHEAT 69kcal V VG

VEGAN SOUVLAKI WRAP & SIDE

CHOOSE ONE WRAP

Served with chips inside

- JACKFRUIT GYROS with vegan aioli. 729kcal V VG OR
- VEGAN MEATBALLS with vegan aioli. 673kcal V VG OR
- FALAFEL with tahini. 684kcal V VG

CHOOSE ONE SIDE

- "NO FETA" GREEK SALAD 200kcal V VG GF OR
- AEGEAN SLAW 240kcal V VG GF OR
- NEW POTATOES 325kcal V VG GF OR
- CHIPS 813kcal V VG OR
- POURGOURI-BULGUR WHEAT 190kcal V VG OR
- POTATO SALAD 117kcal V VG GF

GREEK FISH & CHIPSFRIDAYS 8.95

SALT COD, SERVED WITH CHIPS & TARAMASALATA, SPRINKLED WITH LEMON ZEST. 850kcal *NEW*  
\*AVAILABLE ON FRIDAYS ONLY

FULL ALLERGEN INFO AVAILABLE ON REQUEST

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VG items are suitable for vegans.  
GF items are suitable for coeliacs.

Although dishes identified are gluten free, as we have products in the restaurant that contain gluten, there is a possibility that traces of gluten may still be found in them. The same situation can occur with our vegetarian and vegan dishes, which can come in contact with other products. Menu descriptions may not include all ingredients; more detailed allergen information is available upon request. All our dishes may contain traces of nuts. Available for dine-in only. Cannot be used in conjunction with any other offer or promotion / discount. Not valid on Bank Holidays.

For your total meal calories, don't forget to add up the Kcal from the options you select. Adults need around 2000 kcal a day

AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL



# KIDS MENU

CHOOSE BETWEEN A KIDS SOUVLAKI WRAP OR KIDS MEZE SELECTION,  
SERVED WITH YOUR CHOICE OF SOFT DRINK AND A DESSERT  
**FOR £7.00**



## CHOOSE MAIN COURSE

### KIDS SOUVLAKI WRAP

Wrapped in flatbread with tzatziki and tomato.

Choose between:

**Chicken** 480kcal or **Halloumi** 590kcal v  
or **Loukaniko Beef & Pork Sausage** 480kcal

Wraps are served with a choice of  
**Tomato & Cucumber Salad** 16kcal v VG GF  
or **Chips** 377kcal v VG

OR

### KIDS MEZE SELECTION

Choose three meze from the below selection:

**Loukaniko Beef & Pork Sausage** 251kcal  
or **Flatbread** 261kcal v VG or **Tzatziki** 77kcal v GF  
or **Chips** 377kcal v VG or **Crudités** 27kcal v VG GF  
or **Chicken** 126kcal GF or **Halloumi** 153kcal v GF  
or **Houmous** 136kcal v VG GF

## CHOOSE DRINK

### FRESH JUICES

**Orange** 63kcal or **Apple** 68kcal

### MINERAL WATER

**Still** or **Sparkling**

### FIZZY DRINKS

**Coca-Cola** 63kcal or **Diet Coke** 1kcal  
or **Coca-Cola Zero sugar** 0kcal or **Fanta** 29kcal  
or **Sprite Zero sugar** 1kcal

## CHOOSE DESSERT

### LUXURY ICE CREAM

**Vanilla** 210kcal v or **Chocolate** 217kcal v  
or **Strawberry** 156kcal v or **Pistachio** 207kcal v

### LUXURY SORBET

**Lemon** 130kcal v VG or **Mango** 141kcal v VG

# THE REAL GREEK

V items are suitable for vegetarians. VG items are suitable for vegans. GF items are suitable for coeliacs. Full allergen info menu available on request.

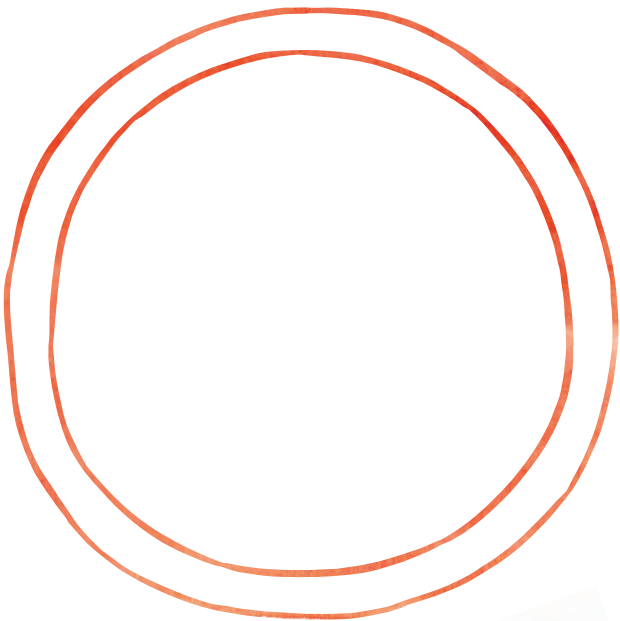
AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL



# PUZZLES & FUN

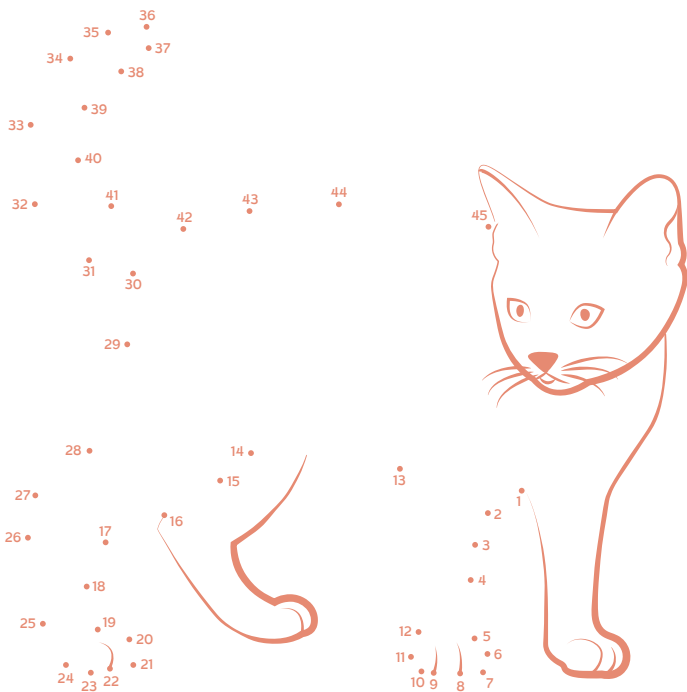
## DECORATE YOUR OWN GREEK PLATE!

THE ANCIENT GREEKS LOVED TO DECORATE HOUSEHOLD ITEMS INCLUDING PLATES. CREATE YOUR OWN MASTERPIECE BELOW.

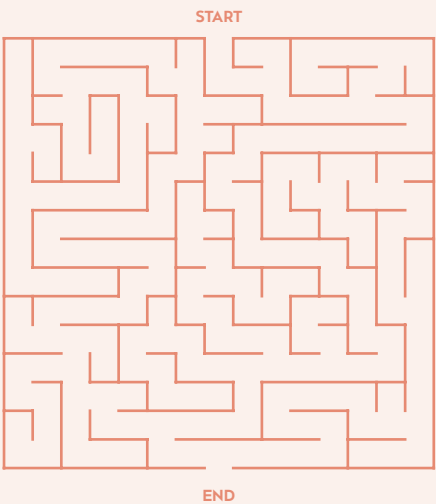


## DOT TO DOT

THEY SAY THE CITY OF ATHENS BELONGS TO A PARTICULAR ANIMAL OFTEN FOUND WANDERING THE STREETS. JOIN THE DOTS BELOW TO FIND OUT WHICH ANIMAL ATHENS BELONGS TO.



## THE REAL MAZE



## WORD SCRAMBLE

UNSCRAMBLE THE WORDS BELOW TO REVEAL DELICIOUS GREEK FOODS.

KITZTAZI	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
MOOSHUU	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
TEAF	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>			
ASKOLVIU	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
ZEEM	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>			
LAAFLEF	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
LIMOHAUL	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
AFAY	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>			





# THE REAL GREEK



## PARTY MENU FOR SIX OR MORE

### GAIA

16.20pp

MOTHER EARTH'S MENU. GREEK  
VEGETARIAN AND VEGAN BLISS!

**GREEK FLATBREAD** V VG  
**CRUDITÉS** V VG GF  
**HOUMOUS** V VG GF  
**SANTORINI FAVA** V VG GF  
**DOLMADES** V GF  
**GIGANDES WITH SPINACH** V VG GF  
**FALAFEL** V VG  
**GRILLED AUBERGINE** V VG GF

Total 1529kcal

### ZORBA

21.45pp

LIVE LIFE TO THE FULLEST!  
EAT & DRINK THE GREEK WAY!

**GREEK FLATBREAD** V VG  
**HOUMOUS** V VG GF  
**TZATZIKI** V GF  
**SPINACH TIROPITAKIA** V  
**CHICKEN SKEWER** GF **OR**  
**PORK SKEWER** GF  
**LAMB MEATBALLS**  
**PORK BELLY** GF  
**HALLOUMI & VEGETABLE SKEWER** V GF  
**CHIPS** V VG

Chicken Skewer option Total 2160kcal  
Pork Skewer option Total 2392kcal

### YIASOU

18.45pp

YOUR PARTY IS VERY WELCOME  
HERE... 'CHEERS'!

**GREEK FLATBREAD** V VG  
**CRUDITÉS** V VG GF  
**HOUMOUS** V VG GF  
**SPICY FETA DIP (HTIPITI)** V GF  
**LOUKANIKO BEEF & PORK  
SAUSAGE SKEWER**  
**BBQ CHICKEN WINGS** GF  
**GRILLED AUBERGINE** V VG GF  
**LAMB MEATBALLS**  
**CHIPS** V VG

Total 2017kcal

Party Menus are available for a minimum of 6 people.  
**Please choose only one menu type for your entire party.**  
**You will receive approximately a half portion of each meze  
per person.** For Parties over 10 people you will need to  
pre-order you menu type.

All our dishes may contain traces of nuts. Although dishes  
are identified as Gluten Free, as we have products in the  
restaurant that contain gluten, there is a possibility that  
traces of gluten may still be found in them.

VISIT US ONLINE TO BOOK YOUR PARTY  
[WWW.THEREALGREEK.COM/PARTY-ENQUIRIES](http://WWW.THEREALGREEK.COM/PARTY-ENQUIRIES)

**AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL**

Adults need around 2000 kcal a day

# THE REAL GREEK

## DESSERTS

### BAKLAVA **NEW** .....5.00

Homemade, crisp filo pastry with walnuts, peanuts, almonds and honey. 345kcal **V**

### GREEK FILO CUSTARD PIE ..... 5.50

A traditional dessert from Sérres, North Greece, called Bougatsa. Filo pastry filled with custard cream, served warm and topped with vanilla ice-cream and cinnamon. 958kcal **V**

### PORTOKALOPITA **NEW** .....5.75

A traditional orange cake - layers of homemade filo pastry baked with Greek yoghurt and soaked in an orange syrup. Served with vanilla ice-cream. 821kcal **V**

### CARAMEL & PECAN CHEESECAKE .....5.75

Greek vanilla cheesecake topped with caramel and toasted pecan nuts from the Aegean. All on a biscuit and pecan base. 315kcal

### CHOCOLATE MOUSSE CAKE .....5.75

A luxurious, dark chocolate mousse cake. 333kcal **V**

### GREEK YOGHURT WITH WALNUTS IN SYRUP ..... 4.50

A traditional Greek dessert of Greek yoghurt. Served with walnuts in syrup. 250kcal **V GF**

### LOUKOUMIA .....2.35

Delicate Greek sweets flavoured with nuts. 216kcal

### LUXURY SORBET ..... 3.95

Lemon 261kcal **V VG** / Mango 283kcal **V VG**

### LUXURY ICE-CREAM ..... 3.95

Vanilla 419kcal **V** / Chocolate 433kcal **V**  
Strawberry 312kcal **V** / Pistachio 413kcal **V**

### VEGAN VANILLA ICE-CREAM..... 3.95

525kcal **V VG GF**

## COFFEE & TEA

### GREEK COFFEE .....2.90

Served sweet 93kcal, medium 83kcal or bitter 73kcal. With a little Loukoumi – a delicate Greek sweet flavoured with nuts.

### CAFFÈ AMERICANO .....2.00

7kcal

### SINGLE ESPRESSO ..... 1.75

3kcal

### DOUBLE ESPRESSO 5kcal

CAPPUCCINO 50kcal

### LATTE 100kcal ..... 2.75

### POT OF GREEK

### MOUNTAIN TEA.....2.00

Drunk for its health benefits and full of antioxidants. 1kcal

### FRESH MINT TEA .....1.90

1kcal

### ORGANIC TEAS .....1.90

English Breakfast 1kcal

Earl Grey 1kcal

Peppermint 2kcal

Green Tea 1kcal

Camomile 1kcal

\*Soya milk available on request

**AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL**

Adults need around 2000 kcal a day

#### FULL ALLERGEN INFO AVAILABLE ON REQUEST

**V** items are suitable for vegetarians.

**VG** items are suitable for vegans.

**GF** items are suitable for coeliacs.

Although dishes identified are gluten free, as we have products in the restaurant that contain gluten, there is a possibility that traces of gluten may still be found in them. The same situation can occur with our vegetarian and vegan dishes, which can come in contact with other products. Menu descriptions may not include all ingredients; more detailed allergen information is available upon request. All our dishes may contain traces of nuts. Available for dine-in only.





# COCKTAIL MENU

## FROZEN MARGARITA £8.00

Mastiha, Cointreau, lime juice & sugar syrup.  
(Available without ice)

## APEROL SPRITZ £7.50

Prosecco, Aperol & soda water.

## MASTIHA & PINK GRAPEFRUIT SODA £8.00

Mastiha, topped with pink grapefruit Skinny tonic.  
(Available with Pink Gin instead of Mastiha)

## ESPRESSO MARTINI £8.00

Vanilla Vodka, Kahlua, shot of coffee & sugar syrup.

## BERRIES GIN & TONIC £7.50

Pink Gin, topped with raspberry  
& blueberry Skinny tonic.

## BELLINI £7.25

Prosecco & peach puree.

## SIGNATURE TRG MOJITO £7.75

Mastiha, mint, grapefruit cubes,  
grapefruit Skinny tonic.  
(Available with White Rum & mint  
as the classic version).

## COSMOPOLITAN £7.75

Vodka Citron, Cointreau, lime juice  
& cranberry juice.

## GRECIAN SUMMER £7.50

Mastiha, lime juice, sugar syrup, cucumber  
& mint, topped with cucumber Skinny tonic.

## HUGO £7.75

Prosecco, soda water, elderflower syrup,  
mint & lime.

## MARGARITA £7.75

Tequila, Cointreau & lime juice.

## MASTIHA & TONIC £7.50

Mastiha, topped with Mediterranean Skinny tonic,  
garnished with lemon & rosemary.  
(Available with Gin instead of Mastiha)

## NEGRONI £7.50

Gin, Campari & sweet red vermouth.

## OUR WAY TONIC £8.00

Mastiha, Cointreau, topped with  
ginger Skinny tonic.

## THE KING £7.75

Metaxa, lime juice, pomegranate juice  
& sugar syrup.

## THE AEGEAN £7.75

Mastiha, Blue Curacao, blueberry Skinny tonic and  
fresh blueberries.

Our Mastiha made by AXIA is an aromatic spirit made with resin from Mastic trees grown in groves on the Greek island of Chios and it adds a fantastic Greek twist to our cocktail list at The Real Greek!

# THE REAL GREEK

EAT TOGETHER

AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL

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