

THE REAL GREEK

TAKE AWAY MENU

GREEK MEAL BOX

CHICKEN SKEWER MEAL BOX £14.50

Two chicken skewers, served with tzatziki, Greek flatbread and Mediterranean rice **or** chips. Rice 1259kcal / Chips 1223kcal

PORK SKEWER MEAL BOX £14.50

Two pork skewers, served with tzatziki, Greek flatbread and Mediterranean rice **or** chips. Rice 1274kcal / Chips 1238kcal

LOUKANIKO BEEF & PORK SAUSAGE MEAL BOX £14.50

Loukaniko beef & pork sausage skewer, served with tzatziki, Greek flatbread and Mediterranean rice **or** chips. Rice 1950kcal / Chips 1914kcal

LAMB SKEWER MEAL BOX £16.50

Two lamb skewers, served with tzatziki, Greek flatbread and Mediterranean rice **or** chips. Rice 1545kcal / Chips 1510kcal

LAMB MEATBALL BOX £14.50

Lamb meatballs skewered and served with tzatziki, Greek flatbread and Mediterranean rice **or** chips. Rice 1317kcal / Chips 1281kcal

VEGAN MEATBALLS MEAL BOX £14.50

Vegan meatballs drizzled with tomato sauce and sprinkled with parsley, served with chips, vegan aioli & Greek flatbread. 1594kcal **V VG**

VEGAN CHICKEN MONASTIRAKI MEAL BOX £14.50

Planted's pea-based chicken pieces, marinated with Greek herbs and sprinkled with parsley, served with chips, vegan tzatziki and Greek flatbread. 1285kcal **V VG**

SOUVLAKI BUNDLES

PLAKA BUNDLE X 1 £12.50

Choose one Souvlaki wrap, a portion of chips & a soft drink.

ACROPOLIS BUNDLE X 2 £24.00

Choose two Souvlaki wraps, two portions of chips & two soft drinks.

PARTHENON BUNDLE X 4 £44.00

Choose four Souvlaki wraps, four portions of chips & four soft drinks.

SOUVLAKI WRAPS £7.00

LOUKANIKO SAUSAGE
with Aegean slaw.
747kcal

KALAMARI
with taramasalata and cucumber ribbons.
428kcal

PORK
with tzatziki. 931kcal

CHICKEN
Choose between Greek mustard sauce, 751kcal **or** tzatziki. 620kcal

LAMB MEATBALLS
with minted yoghurt.
559kcal

HALLOUMI
with minted yoghurt.
714kcal **V**

FALAFEL
with tahini.
684kcal **V VG**

JACKFRUIT GYROS
with vegan aioli.
729kcal **V VG**

VEGAN MEATBALLS
with vegan aioli.
673kcal **V VG**

PLANTED VEGAN CHICKEN
with vegan tzatziki.
863kcal **V VG**

DRINKS

COCA-COLA 139kcal 330ML £1.75

DIET COKE 1kcal 330ML £1.75

COCA-COLA ZERO SUGAR 1kcal 330ML £1.75

GINGER BEER 66kcal 330ML £1.75

DESSERT BUNDLE £8.00

CHOOSE TWO DESSERTS FROM THE FOLLOWING OPTIONS:

BAKLAVA
345kcal **V**

CARAMEL & PECAN CHEESECAKE
315kcal

PORTOKALOPITA
821kcal **V**

CHOCOLATE MOUSSE CAKE
333kcal **V**

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COLD MEZE

- TARAMASALATA**..... **£5.00**
Our daily creamy blend with naturally undyed cod roe. It's not meant to be pink. 863kcal
- HOUMOUS**..... **£5.00**
Our daily blend of chickpeas, rich in tahini and spiced with cumin. 616kcal **V VG GF**
- MELITZANOSALATA** **£5.00**
A light and fragrant blend of smoked aubergine, garlic, red onion and roasted red pepper. 387kcal **V VG GF**
- SPICY FETA DIP**..... **£5.00**
Roasted pepper and cheese dip, finished with a touch of chilli. 396kcal **V GF**
- TZATZIKI**..... **£5.00**
Cool, tangy Greek yoghurt with cucumber, gherkin and garlic. 301kcal **V GF**
- VEGAN TZATZIKI**..... **£5.00**
Cool, tangy Soya yoghurt with cucumber, gherkin and garlic. Served with a whole green olive. 376kcal **V VG GF**
- GREEK FLATBREAD** **£1.25**
410kcal **V VG**
- YELLOW FAVA**..... **£5.00**
Yellow lentils, cooked and blended with herbs and spices. 585kcal **V VG GF**

SIDES & SALADS

- GREEK SALAD**..... **£6.50**
With cherry tomatoes, cucumber, peppers, Greek olives, red onion, feta and olive oil. 353kcal **V GF**
- AEGEAN SLAW**..... **£5.00**
Thinly shredded cabbage, carrot, red and green peppers, with an olive oil dressing. 157kcal **V VG GF**
- CHIPS**..... **£4.00**
Fluffy, light and fried to perfection. 368kcal **V VG**
- MEDITERRANEAN RICE**..... **£4.00**
Long-grain rice, mixed with garlic and tomato sauce, dressed with olive oil. 331kcal **V GF**

HOT MEZE

- THE REAL GREEK HALLOUMI POPCORN**..... **£7.00**
Dressed with lemon & thyme infused honey. 239kcal **V**
- THE REAL GREEK HALLOUMI FRIES**..... **£7.00**
Dressed with lemon & thyme infused honey. 305kcal **V**
- DOLMADES** **£9.00**
Vine leaves stuffed with rice, tomato and fresh herbs. Served with Greek yoghurt. 399kcal **V GF**
- SPINACH TIROPITAKIA**..... **£8.00**
Five filo pastry parcels with creamy leek, spinach and feta filling, handmade daily. 1013kcal **V**
- CHICKPEA FILO TRIANGLES**..... **£8.00**
Three filo pastry parcels with chickpeas, cumin, turmeric and a touch of sundried tomato and chilli. 1071kcal **V VG**
- GIGANDES WITH SPINACH**..... **£6.00**
Hearty giant beans and spinach, cooked in a tomato & garlic sauce. 329kcal **V VG GF**
- GRILLED AUBERGINE**..... **£7.00**
Chargrilled aubergine served with garlic & tomato sauce. 138kcal **V VG GF**
- TONIA'S PRAWNS**..... **£9.00**
Tonia's recipe of tiger prawns in a rich tomato sauce, served with Pourgouri – (bulgur wheat with tomatoes and onion), spinach, pickled peppers and feta. 290kcal
- FRIED KALAMARI**..... **£8.00**
Crisp squid ring served with lemon mayonnaise. 727kcal
- BBQ CHICKEN WINGS**..... **£8.00**
Succulent chicken wings marinated in a smoked chilli relish. 548kcal **GF**
- HALLOUMI & VEGETABLE SKEWER**..... **£7.00**
Halloumi, skewered with peppers and courgettes, served with Aegean slaw. 614kcal **V GF**
- FALAFEL**..... **£7.00**
Our signature recipe, served with Aegean slaw and a tahini dip. 512kcal **V VG**

Adults need around 2000 kcal a day

FULL ALLERGEN INFO AVAILABLE ON REQUEST
V Vegetarians, **VG** Vegans, **GF** Coeliacs.