

THE REAL GREEK



APÉRITIF

GLASS OF PROSECCO (125ml)	7.40
PROSECCO BELLINI (125ml)	7.75
APEROL SPRITZ	8.00
PINK GIN & BERRIES TONIC	8.00
ESPRESSO MARTINI (WITH VODKA OR MASTIHA).	8.00
KIR ROYALE (WITH PROSECCO)	7.75
NEGRONI	8.00

TO START

GREEK FLATBREAD Ø533kcal V VG	3.80
Add olive oil & Dukkah, a spicy mix of ground, dry roasted	
nuts and seeds. 621kcal V VG	. 4.10

GREEK OLIVES Ø	3.60
CRUDITÉS Ø	3.80
THE REAL GREEK HALLOUMI POPCORN Dressed with lemon & thyme infused honey. 577kcal V	6.80

WE RECOMMEND 3 OR 4 MEZE PER PERSON. COLD MEZE ARE SERVED FIRST, HOT FOLLOWS WHEN READY. PERFECT FOR SHARING

COLD MEZE

Our daily creamy blend with naturally undyed cod roe. It's not meant to be pink! 761kcal	
SPICY FETA DIP (HTIPITI) 6.2 Roasted pepper and cheese dip. finished with a touch of chilli. 571kcal V GF	5
MELITZANOSALATA	5

Our daily blend of chickpeas, rich in tahini and spiced with cumin, topped with paprika and roasted red peppers. 457kcal V VG GF	6.00
TZATZIKI Cool, tangy Greek yoghurt with cucumber, gherkin and garlic. 286kcal V GF	6.00
YELLOW FAVA Yellow lentils, cooked and blended with herbs and spices, topped with a sales of tomatoes, onions, capers and caper powder.	6.00

CHICKEN MONASTIRAKI......8.25

Made the Santorini way. 434kcal **V VG GF**

HOT MEZE

VEGAN

served with vegan tzatziki, onion and tomatoes. 800kcal V VG GF
GIGANDES WITH SPINACH
VEGAN MEATBALLS – SOUTZOUKAKIA
GRILLED AUBERGINE
FALAFEL Ø
CHICKPEA FILO TRIANGLES

touch of sundried tomato and chilli. 593kcal V VG

planted. VEGAN CHICKEN MONASTIRAKI @8.25

MEAT
LAMB MEATBALLS
LAMB SKEWER
PORK MONASTIRAKI
PORK SKEWER \$
LOUKANIKO BEEF & PORK SAUSAGE SKEWER 7.95 Traditional Greek sausage from Thrace, chargrilled and served with Aegean Slaw. 613kcal

HOUSE SPECIAL CDEEK MOUSSAKA

GREEK MOUSSAKA
A classic Greek dish – hearty and rich, with lamb mince.
Served as a meze portion. Subject to availability. 420kcal

POULTRY

Chicken thigh, marinated with Greek herbs, served with tzatziki, onion and tomatoes. 342kcal GF
BBQ CHICKEN WINGS
CHICKEN SKEWER
VEG & DAIRY
SPINACH TIROPITAKIA
HALLOUMI & VEGETABLE SKEWER
DOLMADES
THE REAL GREEK HALLOUMI FRIES
SEAFOOD
FRIED KALAMARI
SALT COD
TONIA'S PRAWNS
GRILLED OCTOPUS WITH FAVA

SOUVLAKI WRAPS £8.25 EACH

Our gorgeous flatbread filled with chips, fresh tomatoes, red onion and sweet paprika. Please tell your server if you don't want chips inside! *Kalamari option doesn't include chips. tomato, onion or paprika.

LOUKANIKO SAUSAGE with Aegean Slaw. 747kcal

KALAMARI with Taramasalata and cucumber ribbons. 428kcal

PORK with Tzatziki. 931kcal

CHICKEN choose between Greek mustard sauce 751kcal or Tzatziki 620kcal

LAMB MEATBALLS with minted yoghurt. 559kcal

HALLOUMI with minted yoghurt. 714kcal V

FALAFEL Ø with tahini. 684kcal V VG

VEGAN MEATBALLS with vegan aioli. 673kcal V VG

planted. VEGAN CHICKEN @ with vegan Tzatziki 863kcal V VG

FILOXENIA DINNER MENU

FOUR DISHES FOR 17.00pp AVAILABLE SUNDAY - THURSDAY FROM 5.00PM

7 CHOOSE A DISH

Greek Flatbread V VG or Crudités V VG GF

2 CHOOSE ONE OF THESE COLD MEZE Yellow Fava V VG GF or Houmous V VG GF or Tzatziki V GF or Spicy Feta Dip (Htipiti) V GF or Melitzanosalata V VG GF or Taramasalata

3 CHOOSE ONE OF THESE HOT MEZE Chicken Skewer GF or BBQ Chicken Wings GF or Chicken Monastiraki GF or Loukaniko Beef & Pork Sausage Skewer or Pork Skewer GF or Lamb Meatballs or Fried Kalamari or Salt Cod or Halloumi & Vegetable Skewer V GF or Spinach Tiropitakia V or Chickpea Filo Triangles V VG or Gigandes with Spinach V VG GF or Falafel V VG or Dolmades V GF or Grilled Aubergine V VG GF or planted. Vegan Chicken Monastiraki V VG GF or Vegan Meatballs – Soutzoukakia V VG

CHOOSE ONE OF THESE SIDES & SALADS Mediterranean Rice V GF or Aegean Slaw V VG GF or New Potatoes V VG GF or Chips V VG or Pourgouri – Bulgur Wheat V VG

*For your total meal calories, don't forget to add up the Kcal from the options you select.

This menu cannot be discounted.

SIDES & SALADS

202kcal GF

GREEK SALAD	.5.50
With cherry tomatoes, cucumber, peppers, Greek olives, red onion, feta and olive oil, finished with Greek oregano from Mavrouda, Thessaloniki. 269kcal V GF	
Make it vegan without feta ${\mathscr O}$	5.00
NEW POTATOES Ø	4.20
CHIPS Ø	4.20

POURGOURI – BULGUR WHEAT
MEDITERRANEAN RICE
AEGEAN SLAW

Greek mountain oregano, served on a bed of Yellow Fava.

TONIA BUXTON'S SELECTION

44.00 FOR TWO TO SHARE CHOOSE 8 DISHES

- 1 Crudités V VG GF or Greek Flatbread V VG
- Z Tzatziki V GF or Houmous V VG GF
- 3 Yellow Fava V VG GF or Spicy Feta Dip (Htipiti) V GF
- 4 Dolmades V GF or Chickpea Filo Triangles V VG
- 5 Tonia's Prawns or Falafel V VG
- 6 Chicken Skewer GF or Pork Skewer GF or Halloumi Skewer V GF
- 7 Lamb Meatballs or planted. Vegan Chicken Monastiraki V VG GF
- New Potatoes V VG GF or Pourgouri Bulgur Wheat V VG

*For your total meal calories, don't forget to add up the Kcal from the options you select.



WHITE WINE

ELLINAS WHITE......5.50 | 14.40 | 20.50 Specially bottled in Thessaloniki for us. Dry, delicate and floral, with fragrant fruit on the palate. **Greece**

ATHIRI7.25 | 20.65 | 29.50 This variety is grown in vineyards in the region of Halkidiki and produces

a fresh, fruity, medium bodied wine. Greece

MAKEDONIKOS WHITE.......7.00 | 17.90 | 25.50

Makedonikos (Mak-e-thonikos). Keeps the crispness and minerality, but it also shows a higher level of primary fruit aromas and a less dense structure. **Greece**

MOSCHOFILERO......7.25 | 20.65 | 29.50

This Moschofilero (Mos-coh-FEE-ler-oh) variety is grown in the region of Mantinia, in the Peloponnese. It has an intense flowery character, with rose petal aromas and citrus. Greece

ABATON AGIORITIKO WHITEBottle 33.50

Abaton (Avato). Produced at the St. Panteleimon Monastery on Mount Athos, this is a combination of Athiri and Assyrtiko. The vineyards of Mount Athos are cultivated by the Monks. Greece 🕇

MEGA SPILEO MALAGOUSIA WHITE Bottle 31.50

The Malagousia (Mala-goo-zia) variety has a complex and aromatic profile, with ripe peaches and apricots. This variety produces wine with a moderate acidity and full palate. Greece

ASSYRTIKO ORGANIC.....Bottle 35.50

The most well-known Greek grape variety is Assyrtiko (Ah-SEER-tee-koh) by far, grown across Greece. An organic wine with distinctive citrus fruit aromas and a crisp finish. Greece

CAVINO - IONOS WHITE......6.00 | 16.90 | 24.50 lonos (*E-onos*). Easy drinking and dry, from vineyards at altitude on the coastal slopes of North Peloponnese. Greece

RETSINA5.60 | 14.65 | 21.50 A traditional Greek classic with intense aromas of grapes and pine.

SAUVIGNON BLANC......6.75 | 18.90 | 27.50

This Italian Sauvignon features fresh aromas of figs, apricot and orange flowers. A crisp and refreshing wine with a gentle sweetness which invites another glass. Italy

PINOT GRIGIO.......6.75 | 18.90 | 27.50 This Pinot Grigio showcases soft aromatic flavours of white peach and pear and notes of perfumed rose. Italy

CAVINO - IONOS RED......6.00 | 16.90 | 24.50

NERO D'AVOLA...... 6.60 | 18.65 | 26.50

This fresh, ruby-coloured red shows an elegant structure on the palate.

dry easy drinking red has aromas of morello cherries that are balanced

Ionos (*E-onos*). From the slopes of North Peloponnese. This fresh,

with spicy notes of black pepper. Greece

On the nose it's fruity with aromas of cherry. Italy

RED WINE

Specially bottled in Thessaloniki for us. This deep red wine features inviting ripe berry fruit aromas. **Greece**

MAKEDONIKOS RED 7.00 | 17.90 | 25.50

Makedonikos (Mak-e-thonikos). Moderate in colour, elegant in aromas and flavours, and dominated by fresh, aromatic herbs and red berry fruits. **Greece**

AGIORGITIKO RED7.25 | 20.65 | 29.50

The Agiorgitiko (Ah-yor-YEE-te-ko) variety is the most famous red grape variety in Greece. This Namea wine is produced in the Peloponnese, with elegant notes of sweet spices and a fruity aftertaste. Greece

MERLOT......6.75 | 18.90 | 27.50 An Italian Merlot with aromas of cherry and wild plum flavours. Italy

XINOMAVRO RED......7.25 | 20.65 | 29.50 This Xinomavro (Ksee-NOH-mavro) variety is produced in Naoussa

Northern Greece. It's a medium-bodied and dry on the palate red wine. with fruity and spicy flavours. **Greece**

ABATON AGIORITIKO RED Bottle 38.50 Abaton (Avato). Produced at the St. Panteleimon Monastery on Mount Athos. The Monks of the Monastery created this unique red wine using Xinomavro (Ksee-NOH-mavro), Grenache and Limnio grapes.

METOCHI RED..... Bottle 36.50 Metochi (M-e-to-hee). combines the traditional winemaking of Mount Athos with modern techniques. With its medium acidity and tannins, it has a rounded, chocolaty flavour. Greece 🕇

ROSÉ WINE

MAKEDONIKOS ROSÉ...... 7.00 | 17.90 | 25.50

Makedonikos (Mak-e-thonikos). A vibrant rosé, with distinct aromas of rose, fresh red berries, and citrus fruit. Greece

XINOMAVRO ROSÉ Bottle 31.50

The essence of the Xinomavro has distinct aromas of red fruits, flowers, tomatoes, olives, dried prunes, tobacco and nuts. Greece

ROSATO 6.75 | 18.90 | 27.50 This rosé is crystal clear with a very fine and pleasurable nose Red fruit and spices are the scents come at first, followed

DESSERT WINE

MAVRODAPHNE...... 125ml 4.65 | Bottle 22.50

Mavrodaphne (Mah'v-ro-dahf-nee). A great wine with a velvety sweetness that reveals its rich aromatic character. Greece

BUBBLES

PROSECCO125ml 7.40 | Bottle 32.00

PERRIER JOUET GRAND BRUT..... Bottle 56.00

BEER & CIDER

DRAFT ALPHA

DRAFT ALPHA

by herbal notes. Italy

OMEGA PALE ALE..... HALF PINT 3.20 | PINT 5.95

MYTHOS BEER 330ml 4.90

GREEK SPIRITS

.....25ml 4.60 | 200ml Bottle 21.00

Tsipouro (Tsee-pour-oh) - the Greek version of grappa, the young brother of Ouzo. This Tsipouro is produced from the Malagousia (Mala-goo-zia) grapes in Northern Greece. You can drink it over-ice or straight. The perfect after-meal digestive!

.....50ml 4.90 A traditional aperitif with anise as a basic ingredient.

It can be served with ice or water.

METAXA......25ml 4.75

PREMIUM SPIRITS

JACK DANIEL'S, HENDRICK'S GIN, MONKEY SHOULDER WHISKEY, PINK GIN...... 25ml 5.75 Price excludes mixer.

OTHER SPIRITS

VODKA, GIN, WHISKEY, RUM, TEQUILA......25ML 5.00 More available, please ask. Price excludes mixer.

OMEGA LAGER......HALF PINT 3.20 | PINT 5.95

NO ALCOHOL BEER 330ml 4.10

CIDER......330ml 4.65

MINERAL WATER

STILL 330ml 2.75 | 750ml 4.00 SPARKLING330ml 2.75 | 750ml 4.00

FRESH JUICES

ORANGE, APPLE,

CRANBERRY OR LEMON.

SOFT DRINKS

COCA-COLA	330ml 3.50
FANTA	330ml 3.50
DIET COKE	.330ml 3.45
COCA-COLA ZERO SUGAR	.330ml 3.45
SPRITE ZERO SUGAR	.330ml 3.45
GINGER BEER	.330ml 3.45

† Mount Athos is a mountain and a peninsula in North Eastern Greece. It is an important centre of Eastern Orthodox monasticism. It's perhaps the only place in Greece where viticulture has been continuous from antiquity to the present day. For more than 1000 years, the monks of Mount

Athos have produced wine without interruption.



FULL ALLERGEN MENU AVAILABLE ON REQUEST

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GF items are suitable for coeliacs.

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GOT AN

ALLERGY?

Pancreatic Cancer U

🙏 We are donating 25p from every sale of our Pork Skewer meze to the wonderful charity. Pancreatic Cancer UK, in loving memory of Christos Karatzenis, who was our Operations Director for many years. Christos lost a short battle with cancer in 2020. He was a true leader – someone who led from the heart, who gave his passion and dedication to the job and the people he loved and cherished. His influence in the business is strong and will never be forgotten. Pancreatic Cancer UK is a registered charity in England & Wales (1112708) and Scotland (SC046392).

THE REAL GREEK

LUNCH MENU

CHOOSE BETWEEN

GREEK TRIO VEGAN PLATE SOUVLAKI WRAP & SIDE OR GREEK PLATE PLUS GREEK FISH & CHIPS FRIDAYS!

FOR 9.50

AVAILABLE

MONDAY - FRIDAY 12.00PM - 5.00PM

LUNCH 9.50 MENU

CHOOSE BETWEEN

GREEK TRIO

TOP

GREEK FLATBREAD 202kcal V VG OR

CRUDITÉS 18kcal V VG GE

With two ramekins of:

HOUMOUS 100kcal V VG GF OR

TZATZIKI 71kcal V GF OR

TARAMASALATA 186kcal OR

SPICY FETA DIP (HTIPITI) 126kcal V GF OR

MELITZANOSALATA 85kcal V VG GF OR

YELLOW FAVA 99kcal V VG GF

(Choose two dips)

MIDDLE

Choose one:

SPINACH TIROPITAKIA 792kcal V OR

GRILLED AUBERGINE 97kcal V VG GF OR

CHICKEN SKEWER 260kcal GF OR

FALAFEL 512kcal V VG OR

BBQ CHICKEN WINGS 458kcal GF OR

LOUKANIKO BEEF &

PORK SAUSAGE SKEWER 613kcal OR

PORK SKEWER 267kcal GF OR

DOLMADES 426kcal V GF OR

GIGANDES WITH SPINACH

540kcal V VG GF

BOTTOM

Choose one:

MEDITERRANEAN RICE 378kcal V GF OR

CHIPS 813kcal V VG OR

NEW POTATOES 325kcal V VG GF OR

POURGOURI-BULGUR WHEAT

190kcal V VG

SOUVLAKI WRAP & SIDE

CHOOSE ONE WRAP

Served with chips inside

LOUKANIKO BEEF & PORK SAUSAGE

with Aegean Slaw. 747kcal OR

PORK

with Tzatziki. 931kcal OR

CHICKEN

with Greek mustard sauce. 751kcal OR

Tzatziki. 620kcal OR

LAMB MEATBALLS

with minted yoghurt. 559kcal OR

HALLOUMI

with minted yoghurt. 714kcal V OR

with tahini. 684kcal V VG OR

KALAMARI

with Taramasalata & cucumber ribbons

(no chips inside). 428kcal

CHOOSE ONE SIDE

GREEK SALAD 269kcal V GF OR

CHIPS 813kcal V VG OR

MEDITERRANEAN RICE 378kcal V GF OR

NEW POTATOES 325kcal V VG GF OR

AEGEAN SLAW 240kcal V VG GF OR

POURGOURI-BULGUR WHEAT

190kcal V VG

GREEK PLATE

CHOOSE BETWEEN

CHICKEN SKEWER 229kcal GF OR

LAMB MEATBALLS 435kcal OR

LOUKANIKO BEEF &

PORK SAUSAGE SKEWER 565kcal OR

PORK SKEWER 228kcal GF OR

FALAFEL 137kcal V VG OR

HALLOUMI & VEGETABLE SKEWER

516kcal V GF

All served with:

WARM FLATBREAD 202kcal V VG

MEDITERRANEAN RICE 163kcal V GF

TZATZIKI 61kcal V GF

GREEK SALAD 85kcal V GF

VEGAN 9.50 LUNCH MENU

CHOOSE BETWEEN

VEGAN PLATE

A selection of our best vegan dishes, including:

GREEK FLATBREAD 202Kcal V VG

CRUDITÉS 58kcal V VG GE

HOUMOUS 131kcal V VG GF

MELITZANOSALATA 112kcal V VG GF

YELLOW FAVA 124kcal V VG GF

CHICKPEA REVITHIA 219kcal V VG GF

GIGANDES WITH SPINACH

205kcal V VG GF

POURGOURI-BULGUR WHEAT

69kcal V VG

VEGAN SOUVLAKI WRAP & SIDE

CHOOSE ONE WRAP

Served with chips inside

VEGAN MEATBALLS with vegan aioli. 673kcal V VG OR

FALAFEL

with tahini. 684kcal V VG OR

planted. VEGAN CHICKEN

with vegan tzatziki. 863kcal V VG

CHOOSE ONE SIDE

"NO FETA" GREEK SALAD 200kcal V VG GF OR

AEGEAN SLAW 240kcal V VG GF OR

NEW POTATOES 325kcal V VG GF OR

CHIPS 813kcal V VG OR

POURGOURI-BULGUR WHEAT 190kcal V VG

GREEK FISH & CHIPS FRIDAYS 9.50

SALT COD. SERVED WITH CHIPS & TARAMASALATA, SPRINKLED WITH LEMON ZEST. 850kcal *AVAILABLE ON FRIDAYS ONLY

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THE REAL GREEK KALI OREXI SET MENU

YOUR CHOICE OF A GREEK MEZE STARTER AND A GREEK PLATE £14.50pp

1) CHOOSE ONE **GREEK MEZE STARTER**

GREEK FLATBREAD 202kcal V VG OR CRUDITÉS 58kcal V VG GE

2) CHOOSE ONE COLD MEZE

TZATZIKI 286kcal V GF OR

HOUMOUS 457kcal V VG GF OR

TARAMASALATA 761kcal OR

MELITZANOSALATA 391kcal V VG GF OR

YELLOW FAVA 434kcal V VG GF

AN OPTIONAL 10% SERVICE CHARGE WILL **BE ADDED TO YOUR BILL**

Adults need around 2000 kcal a day

3) CHOOSE ONE GREEK PLATE

CHICKEN SKEWER 229kcal GF OR

I AMB MEATRALLS 385kcal OR

PORK SKEWER 228kcal GF OR

I OUKANIKO BEFF & PORK SAUSAGE SKEWER 565kcal OR

HALLOUML& VEGETABLE SKEWER 516kcal V GF OR

FALAFEL 137kcal V VG OR

CHICKPEA FILO TRIANGLES 593kcal V VG

*ALL SERVED WITH: Mediterranean Rice 163kcal V GF. Greek Salad 85kcal V GF. Tzatziki 61kcal V GF and Smoked Chilli Relish 60kcal V VG GF (*Vegan alternative available)

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