

THE REAL GREEK

EAT TOGETHER

VEGANUARY ALLERGEN MENU

STARTER

GREEK FLATBREAD G (Wheat)V VG

CRUDITÈS C SD V VG

COLD MEZE

VEGAN TZATZIKI SO SD V VG

YELLOW FAVA SD V VG

HOUMOUS S SD V VG

MELITZANOSALATA SD V VG

HOT MEZE

VEGAN CHICKEN MONASTIRAKI SO SD V VG

VEGAN PULLED PORK G (Oats) MU S SD V VG

VEGAN MEATBALLS SOUTZOUKAKIA

G (Wheat & Barley) SO C MU S SD V VG

DOLMADES MU C V VG

SIDES

AEGEAN SLAW SD V VG

NEW POTATOES V VG

CHIPS* V VG

POURGOURI – BULGUR WHEAT G (Wheat) C SD V VG

ALLERGENS KEY

D DAIRY

MU MUSTARD

N NUTS

L LUPIN

S SESAME

G GLUTEN

E EGG

C CELERY

CR CRUSTACEANS

F FISH

M MOLLUSCS

SO SOY INC. SOYA

SD SULPHUR DIOXIDE

P PEANUTS

V VEGETARIAN

VG VEGAN

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately, it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a * are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(*Chips.)

Note:

Smoked Chilli Relish SO SD V VG

Lemon Mayonnaise E SD V

Minted Greek Yoghurt D SD V

Greek Mustard G (Wheat) MU E SD V

Tahini Dip S V VG

Vegan Aioli MU SO SD V VG

Parsley Aioli Dip G (Wheat) E MU SD

Honey Mustard Dressing D MU SD

FOLLOW US

 /TheRealGreek

 @RealGreekTweet

 @TheRealGreekUK