# THE REAL GREEK

FAT TOGETHER

## TAKEAWAY ALLERGEN MENU

#### **GREEK MEAL BOX**

**CHICKEN SKEWER** G (WHEAT) D SD PORK SKEWER G (WHEAT) D SD

**LOUKANIKO BEEF & PORK SAUSAGE SKEWER** G (WHEAT) D E MU S C SD SO

LAMB SKEWER G (WHEAT) D

LAMB MEATBALLS G (WHEAT) D E MU S SD

### SOUVLAKI WRAPS

LOUKANIKO SAUSAGE\*

G (WHEAT) D E MU S C SO SD

PORK\* G (WHEAT) D SD

**CHICKEN WITH MUSTARD\*** 

G (WHEAT) D E MU SD

CHICKEN WITH TZATZIKI\*

G (WHEAT) D SD

LAMB MEATBALLS\* D G (WHEAT) MU E S

HALLOUMI\* D G (WHEAT) V

FALAFEL WITH TAHINI\* G (WHEAT) S V VG

**VEGAN MEATBALLS WITH VEGAN AIOLI\*** 

G (WHEAT) SO MU SD V VG

#### **COLD MEZE**

**TARAMASALATA** 

F (COD) G (WHEAT) SO S SD

**HOUMOUS** S SD V VG

MELITZANOSALATA SD V VG

SPICY FETA DIP (HTIPITI) D SD V

TZATZIKI D SD V

FLATBREAD G (WHEAT) V VG

FAVA SD V VG

#### **HOT MEZE**

HALLOUMI POPCORN\* D V

**HALLOUMI FRIES\*** D V

**DOLMADES** D MU SD C

SPINACH TIROPITAKIA\* D G (WHEAT) SD V

GIGANDES WITH SPINACH C SD V VG

**GRILLED AUBERGINE** SD V VG

**TONIA'S PRAWNS** 

CR (PRAWNS) G (WHEAT) C D SD

FRIED KALAMARI\*

E G (WHEAT) M (KALAMARI) SD

**BBO CHICKEN WINGS** SO SD

HALLOUMI & VEGETABLE SKEWER D SD V

FALAFEL\* S SD V VG

#### SIDES

GREEK SALAD D SD V

CHIPS\* V VG

**AEGEAN SLAW** SD V VG

MEDITERRANEAN RICE D SD V

### **DESSERTS**

#### BAKLAVA

D G (WHEAT) P (PEANUTS) N (WALNUTS, ALMONDS, PISTACHIOS) V

**CARAMEL & PECAN CHEESECAKE** 

D G (WHEAT) E N (PECANS)

PORTOKALOPITA G (WHEAT) E D V

**CHOCOLATE MOUSSE CAKE** 

D G (WHEAT) E SO V

#### **ALLERGENS KEY**

**D** DAIRY

**MU MUSTARD M MOLLUSCS** 

N NUTS SO SOY INC.

SOYA I LUPIN

SD **SULPHUR** S SESAME

DIOXIDE

**G GLUTEN P PEANUTS** 

E EGG V VEGETARIAN

**C CELERY** VG VEGAN

**CR CRUSTACEANS** 

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately, it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a \* are cooked in a fryer and may come into contact with other ingredients and allergens, which are not listed as part of the recipe. If you require more information, please ask a manager. Allergen information will be kept up to date and should be checked each time you visit, as we may update recipes from time to time.

(\*Halloumi Popcorn, Halloumi Fries, Falafel, Spinach Tiropitakia, Chips, Fried Kalamari, Greek meal box served with chips, all Souvlaki Wraps - due to chips inside).

Lemon Mayonnaise E SD V

Minted Greek Yoghurt D V

Tahini Dip S V VG

Vegan Aioli MU SO SD V VG

Greek Mustard Sauce G (Wheat) MU E SD V

Smoked Chilli Relish SO SD V VG

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