# THE REAL GREEK

# **WESTFIELD LONDON**

## TAKEAWAY ALLERGEN & KCAL MENU

#### SOUVLAKI GRILL SALAD BOX

#### **CHOOSE YOUR SOUVLAKI GRILL**

CHICKEN SD MU 324kcal

LAMB SD 488kcal

**LOUKANICO PORK SAUSAGE** G (WHEAT) SO S MU C D SD 595kcal

PORK SD MU 601kcal

COURGETTE FRITTERS\*
G (WHEAT) S SD V VG 772KCal

HALLOUMI D SD V 516kcal

**GRILLED AUBERGINE C D SD V 270kcal** 

**VEGAN GRILLED AUBERGINE** 

C SD V VG 270kcal

#### **CHOOSE YOUR SALAD**

GREEK SALAD D SD V 522kcal

RICE C V VG 333kcal

### ALL SERVED WITH YOUR CHOICE OF

CHIPS\* SD V VG 813kcal

OR WARM GREEK FLATBREAD G (WHEAT) S V VG 533kcal

DON'T FORGET TO ADD UP THE KCAL OF YOUR BOX SELECTION FOR THE FINAL TOTAL KCAL

#### COLD MEZE

TZATZIKI D SD V 311kcal
HOUMOUS S SD V VG 508Kcal

GREEK OLIVES SD V VG 314Kcal

WHIPPED SPICY FETA DIP

D SD V 639kcal

TARAMASALATA F (COD) G (WHEAT) SO S SD 761kcal

#### **HOT MEZE**

**HALLOUMI POPCORN\*** D V 577kcal

FRIED KALAMARI\*

G (WHEAT) M (KALAMARI) SD E 727kcal

**DOLMADES** MU SO C SD V VG 408kcal

SPINACH PIE\* D G (WHEAT) L SO C SD V 792kcal

WARM GREEK FLATBREAD G (WHEAT) S V VG 533kcal

#### SOUVLAKI WRAPS

CHICKEN WITH TZATZIKI\*

G (WHEAT) D S SD MU 620kcal

CHICKEN WITH MUSTARD\*

G (WHEAT) E MU S SD 751kcal

PORK GYROS\*

G (WHEAT) D C MU SO SD 838kcal

LOUKANICO PORK SAUSAGE\*

G (WHEAT) S MU E SD SO C D 747kcal

HALLOUMI\*

G (WHEAT) D S SD V <mark>714kcal</mark>

**COURGETTE FRITTERS\*** 

G (WHEAT) S SD V VG 888kcal

#### SIDES & SALADS

GREEK SALAD D SD V 422kcal / 702kcal

GREEN LEAF SALAD SD V VG 241kcal

HALLOUMI FRIES\* D V 689kcal

CHIPS\* SD V VG 813kcal / 1219kcal

#### **DESSERTS**

**BAKLAVA** 

D G (WHEAT) P (PEANUTS) N (WALNUTS ALMONDS PISTACHIOS) V 345kcal

GREEK ORANGE CAKE

G (WHEAT) E D V 684kcal BAKED CHEESECAKE

G (WHEAT) D E V 411kcal

CHOCOLATE MOUSSE CAKE

D G (WHEAT) E SO V 333kcal

#### **ALLERGENS KEY**

D DAIRY

MU MUSTARD M MOLLUSCS

N NUTS SO SOY INC.

L LUPIN SOYA

S SESAME SD SULPHUR DIOXIDE

G GLUTEN

P PEANUTS

C CELERY V VEGETARIAN

VG VEGAN

**CR CRUSTACEANS** 

The above symbols are used to denote that a dish contains the allergen as an ingredient. Please inform your waiter before ordering of any specific dietary requirements that you may have. Unfortunately it is not possible to guarantee that our busy kitchens are completely free of allergens. We also cannot guarantee against the processes used by our suppliers.

Dishes with a \* are cooked in a fryer and may come into contact with other ingredients and allergens which are not listed as part of the recipe. If you require more information please ask a manager. Allergen information will be kept up to date and should be checked each time you visit as we may update recipes from time to time.

(\* Chips Courgette Fritters Fried Kalamari Greek meal box served with chips Halloumi Fries Halloumi Popcorn Spinach Pie all Souvlaki Wraps – due to chips inside).

Note:

Tahini Dip S V VG

Greek Mustard Sauce G (Wheat) MU E SD V

7th November 2025